

## Introducing the Carelon Medical Benefits Management Healthy Joint and Spine Guide Program

# Supporting your practice and your patients

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Carelon recognizes the key role that you and other medical practices play in the delivery of care for patients with chronic back pain. Developed in collaboration with your patients' health plans, our Healthy Joint and Spine Guide Program helps support quality care that is consistent with evidence-based medicine. That's good news for your practice and the patients you serve.

### Our process

Our solution navigates patients to the right place, right treatment, and right path. Our use of medical evidence for back pain management drives savings, prevents unnecessary treatment, and empowers health plans and their members.

We offer a consumer-centric, condition-based program that enhances outcomes through targeted prevention, provider and member education, and digital intervention.

Core capabilities include:

- Early member identification
- Member outreach
- Digital health platform
- Chronicity risk stratification
- Customized treatment pathways
- Behavioral health integration

**Note:** Program specifics may vary by health plan. Please verify or check with the patient's health plan if you have any questions.

### How to participate

The health plan has contracted with Carelon to partner with you and your staff to assist your efforts in patient care for back and joint pain. We will work with you to help manage back pain and related condition treatment options for your patients.

### Getting your practice ready

For resources to help your practice get started with the Healthy Joint and Spine Guide Program, access our site [here](#). Our provider [website](#) helps you learn more and provides access to useful information and tools such as training opportunities, FAQs and more.

