Rehabilitation CPT Codes and Descriptions

Healthy Blue North Carolina Medicaid Program

- Carelon adjudicates under a main treatment grouper, and a set of adjunctive service codes are separately reviewed.
- Providers can enter one treatment CPT code from the main treatment grouper on the request. Main treatment codes operate on a grouper concept.
- The grouper concept gives the provider the ability to render a variety of services, even if the plan of care changes, without updating the existing authorization.
- Providers should enter all adjunctive CPT codes on the request. Due to varying clinical evidence, these codes require additional review per the Carelon Clinical Guidelines.
- Determinations will be made on the main treatment grouper and each adjunctive grouper entered for the request. This may result in a mixed outcome, under the same authorization.

Physical Therapy Main Treatment Grouper Codes

PHYSICAL THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE. TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREAMENT CODES	DESCRIPTION
	97018	Application of hot wax bath to 1 or more areas
	97026	Application of low energy heat (infrared) to 1 or more areas
	97032	Application of electrical stimulation to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97035	Application of ultrasound to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes
	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
97110	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97150	Therapeutic procedures in a group setting
	97164	Re-evaluation of physical therapy, typically 20 minutes
	97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes
	97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes
	97535	Self-care or home management training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
	97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes
	97761	Training in use of prosthesis for arms and/or legs, per 15 minutes
	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes

97110	G0151	Services performed by a qualified physical therapist in the home health or hospice setting, each 15 minutes.
	G0157	Services performed by a qualified physical therapist assistant in the home health or hospice setting, each 15 minutes
		Services performed by a qualified physical therapist, in the home health setting, in the establishment or delivery of a safe and effective physical therapy maintenance program
	1 (3/168	Services performed by a physical therapist assistant in the home health setting in the delivery of a safe and effective physical therapy maintenance program, each 15 minutes

Physical Therapy Adjunctive Treatment Codes
PHYSICAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREAMENT CODES	DESCRIPTION
97010	97010*	Application of hot or cold packs to 1 or more areas
97012	97012*	Application of mechanical traction to 1 or more areas
97014	97014*	Application of electrical stimulation to 1 or more areas, unattended by therapist
97016	97016*	Application of blood vessel compression or decompression device to 1 or more areas
97022	97022*	Application of whirlpool therapy to 1 or more areas
97024	97024*	Application of heat wave therapy to 1 or more areas
97028	97028*	Application of ultraviolet light to 1 or more areas
97033	97033*	Application of medication through skin using electrical current, each 15 minutes

Occupational Therapy Main Treatment Grouper Codes
occupational therapy treatments are therapeutic interventions and methods used by therapists as the primary services within a plan of care, these codes are COMPREHENSIVE AND ACTIVE, TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREAMENT CODES	DESCRIPTION
	97018	Application of hot wax bath to 1 or more areas
	97026	Application of low energy heat (infrared) to 1 or more areas
	97032	Application of electrical stimulation to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97035	Application of ultrasound to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes
97530	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
9/530	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97150	Therapeutic procedures in a group setting
	97168	Re-evaluation of occupational therapy established plan of care, typically 30 minutes

	97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes
	97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes
	97535	Self-care or home management training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
07520	97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes
97530	97761	Training in use of prosthesis for arms and/or legs, per 15 minutes
	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes
	G0152	Services performed by a qualified occupational therapist in the home health or hospice setting, each 15 minutes.
	G0158	Services performed by a qualified occupational therapist assistant in the home health or hospice setting, each 15 minutes
	G0160	Services performed by a qualified occupational therapist, in the home health setting, in the establishment or delivery of a safe and effective occupational therapy maintenance program
	G2169	Services performed by a occupational therapist assistant in the home health setting in the delivery of a safe and effective occupational therapy maintenance program, each 15 minutes

Occupational Therapy Adjunctive Treatment Codes

OCCUPATIONAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREAMENT CODES	DESCRIPTION
97010	97010*	Application of hot or cold packs to 1 or more areas
97012	97012*	Application of mechanical traction to 1 or more areas
97014	97014*	Application of electrical stimulation to 1 or more areas, unattended by therapist
97016	97016*	Application of blood vessel compression or decompression device to 1 or more areas
97022	97022*	Application of whirlpool therapy to 1 or more areas
97024	97024*	Application of heat wave therapy to 1 or more areas
97028	97028*	Application of ultraviolet light to 1 or more areas
97033	97033*	Application of medication through skin using electrical current, each 15 minutes

Speech Therapy Main Treatment Grouper Codes speech therapy treatments are therapeutic interventions and methods used by therapists as the primary services within a plan of care. These codes are COMPREHENSIVE AND ACTIVE.

PARENT CODE	MAIN TREAMENT CODES	DESCRIPTION
92507	92507	Treatment of speech, language, voice, communication, and/or hearing processing disorder
	92508	Group treatment of speech, language, voice, communication, and/or hearing processing disorder
	G0153	Services performed by a qualified speech-language pathologist in the home health or hospice setting, each 15 minutes.
	G0161	Services performed by a qualified speech-language pathologist, in the home health setting, in the establishment or delivery of a safe and effective speech therapy maintenance program