

# Rehabilitation CPT Codes and Descriptions

## Anthem Medicare Advantage Program

- Carelon adjudicates under a main treatment grouper, and a set of adjunctive service codes are separately reviewed.
- Providers can enter one treatment CPT code from the main treatment grouper on the request. Main treatment codes operate on a grouper concept.
- The grouper concept gives the provider the ability to render a variety of services, even if the plan of care changes, without updating the existing authorization.
- Providers should enter all adjunctive CPT codes on the request. Due to varying clinical evidence, these codes require additional review per the Carelon Clinical Guidelines.
- Determinations will be made on the main treatment grouper and each adjunctive grouper entered for the request. This may result in a mixed outcome, under the same authorization.

### Physical Therapy Main Treatment Grouper Codes

PHYSICAL THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE, TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
97110	90901	Biofeedback training by any modality (when done for medically necessary indications)
	90912	Biofeedback training for bowel or bladder control, initial 15 minutes
	90913	Biofeedback training for bowel or bladder control, additional 15 minutes
	96001	Three-dimensional, video-taped, computer-based gait analysis during walking
	97012	Application of mechanical traction to 1 or more areas
	97016	Application of blood vessel compression or decompression device to 1 or more areas
	97018	Application of hot wax bath to 1 or more areas
	97022	Application of whirlpool therapy to 1 or more areas
	97028	Application of ultraviolet light to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes
	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97150	Therapeutic procedures in a group setting
	97164	Re-evaluation of physical therapy, typically 20 minutes
97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes	
97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes	

97110	97535	Self-care or home management training, each 15 minutes
	97537	Community or work reintegration training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
	97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes
	97761	Training in use of prosthesis for arms and/or legs, per 15 minutes
	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes

### Physical Therapy Adjunctive Treatment Codes

PHYSICAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION
20560	20560*	Needle insertion(s) without injection(s), 1 or 2 muscle(s)
	20561*	Needle insertion(s) without injection(s), 3 or more muscle(s)
97024	97024*	Application of heat wave therapy to 1 or more areas
97026	97026*	Application of low energy heat (infrared) to 1 or more areas
97032	97032*	Application of electrical stimulation to 1 or more areas
	G0283*	Electrical Stimulation, to one or more areas, for other than wound care
97033	97033*	Application of medication through skin using electrical current, each 15 minutes
97035	97035*	Application of ultrasound to 1 or more areas, each 15 minutes

### Occupational Therapy Main Treatment Grouper Codes

OCCUPATIONAL THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE, TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
97530	90901	Biofeedback training by any modality (when done for medically necessary indications)
	92526	Treatment of swallowing and/or oral feeding function
	92606	Therapeutic services for use of non-speech-generating device with programming
	92609	Therapeutic services for use of speech-generating device with programming
	97012	Application of mechanical traction to 1 or more areas
	97016	Application of blood vessel compression or decompression device to 1 or more areas
	97018	Application of hot wax bath to 1 or more areas
	97022	Application of whirlpool therapy to 1 or more areas
	97028	Application of ultraviolet light to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes

97530	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97150	Therapeutic procedures in a group setting
	97168	Re-evaluation of occupational therapy established plan of care, typically 30 minutes
	97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes
	97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes
	97535	Self-care or home management training, each 15 minutes
	97537	Community or work reintegration training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
	97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes
	97761	Training in use of prosthesis for arms and/or legs, per 15 minutes
	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes
	S8950	Complex lymphedema therapy, each 15 minutes
	S8990	Physical or manipulative therapy for maintenance

### Occupational Therapy Adjunctive Treatment Codes

OCCUPATIONAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION
20560	20560*	Needle insertion(s) without injection(s), 1 or 2 muscle(s)
	20561*	Needle insertion(s) without injection(s), 3 or more muscle(s)
97024	97024*	Application of heat wave therapy to 1 or more areas
97026	97026*	Application of low energy heat (infrared) to 1 or more areas
97032	97032*	Application of electrical stimulation to 1 or more areas
	G0283*	Electrical Stimulation, to one or more areas, for other than wound care
97033	97033*	Application of medication through skin using electrical current, each 15 minutes
97035	97035*	Application of ultrasound to 1 or more areas, each 15 minutes
97129	97129*	One-on-one therapeutic interventions focused on thought processing and strategies to manage activities
	97130*	each additional 15 minutes (list separately in addition to code for primary procedure)

## Speech Therapy Main Treatment Grouper Codes

SPEECH THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
92507	92507	Treatment of speech, language, voice, communication, and/or hearing processing disorder
	92508	Group treatment of speech, language, voice, communication, and/or hearing processing disorder
	92526	Treatment of swallowing and/or oral feeding function
	92606	Therapeutic services for use of non-speech-generating device with programming
	92609	Therapeutic services for use of speech-generating device with programming

## Speech Therapy Adjunctive Treatment Codes

SPEECH THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION:
97129	97129*	One-on-one therapeutic interventions focused on thought processing and strategies to manage activities
	97130*	Each additional 15 minutes (list separately in addition to code for primary procedure)