

# Rehabilitation CPT Codes and Descriptions

## Blue Cross Blue Shield North Carolina Program

- Carelon adjudicates under a main treatment grouper, and a set of adjunctive service codes are separately reviewed.
- Providers can enter one treatment CPT code from the main treatment grouper on the request. Main treatment codes operate on a grouper concept.
- The grouper concept gives the provider the ability to render a variety of services, even if the plan of care changes, without updating the existing authorization.
- Providers should enter all adjunctive CPT codes on the request. Due to varying clinical evidence, these codes require additional review per the Carelon Clinical Guidelines.
- Determinations will be made on the main treatment grouper and each adjunctive grouper entered for the request. This may result in a mixed outcome, under the same authorization.

### Physical Therapy Main Treatment Grouper Codes

PHYSICAL THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE, TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
97110	97018	Application of hot wax bath to 1 or more areas
	97026	Application of low energy heat (infrared) to 1 or more areas
	97032	Application of electrical stimulation to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97035	Application of ultrasound to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes
	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97164	Re-evaluation of physical therapy, typically 20 minutes
	97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes
	97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes
	97535	Self-care or home management training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes	
97761	Training in use of prosthesis for arms and/or legs, per 15 minutes	

97110	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes
	G0151	Services of a physical therapist, home health or hospice, each 15 minutes
	G0157	Services of a physical therapy assistant, home health or hospice, each 15 minutes
	G0159	Services of a physical therapist, maintenance program, home health, each 15 minutes
	G0295	Electromagnetic therapy, one or more areas, for wound care
	G0329	Electromagnetic therapy, to one or more areas for chronic stage III and stage IV pressure ulcers, arterial ulcers, diabetic ulcers and venous stasis ulcers
	G2168	Services performed by a physical therapist assistant in the home health setting, each 15 minutes
	S8950	Complex lymphedema therapy, each 15 minutes

### Physical Therapy Adjunctive Treatment Codes

PHYSICAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION
20560	20560*	Needle insertion(s) without injection(s), 1 or 2 muscle(s)
	20561*	Needle insertion(s) without injection(s), 3 or more muscle(s)
90901	90901*	Biofeedback training by any modality (when done for medically necessary indications)
	90912*	Biofeedback training for bowel or bladder control, initial 15 minutes
	90913*	Biofeedback training for bowel or bladder control, additional 15 minutes
96001	96001*	Three-dimensional, video-taped, computer-based gait analysis during walking
97010	97010*	Application of hot or cold packs to 1 or more areas
97014	97014*	Application of electrical stimulation to 1 or more areas, unattended by therapist
	G0281*	Electrical stimulation, for chronic stage III and stage IV pressure ulcers, arterial ulcers, diabetic ulcers, and venous stasis ulcers
	G0282*	Electrical stimulation, to one or more areas, for wound care
	G0283*	Electrical Stimulation, to one or more areas, for other than wound care
97012	97012*	Application of mechanical traction to 1 or more areas
	S9090*	Vertebral axial decompression (lumbar traction), per session
97016	97016*	Application of blood vessel compression or decompression device to 1 or more areas
97022	97022*	Application of whirlpool therapy to 1 or more areas
97024	97024*	Application of heat wave therapy to 1 or more areas
97028	97028*	Application of ultraviolet light to 1 or more areas
97033	97033*	Application of medication through skin using electrical current, each 15 minutes
0552T	0552T*	Low-level laser therapy, dynamic photonic and dynamic thermokinetic energies, provided by a physician or other qualified health care
	S8948*	Treatment with low level laser (phototherapy) each 15 minutes

## Occupational Therapy Main Treatment Grouper Codes

OCCUPATIONAL THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE, TREATMENTS AND MODALITIES, THAT MAY AUGMENT TREATMENT.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
97530	92526	Treatment of swallowing and/or oral feeding function
	92606	Therapeutic services for use of non-speech-generating device with programming
	92609	Therapeutic services for use of speech-generating device with programming
	97018	Application of hot wax bath to 1 or more areas
	97026	Application of low energy heat (infrared) to 1 or more areas
	97032	Application of electrical stimulation to 1 or more areas
	97034	Therapeutic hot and cold baths to 1 or more areas, each 15 minutes
	97035	Application of ultrasound to 1 or more areas, each 15 minutes
	97036	Physical therapy treatment to 1 or more areas, Hubbard tank, each 15 minutes
	97110	Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
	97112	Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
	97113	Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
	97116	Walking training to 1 or more areas, each 15 minutes
	97124	Therapeutic massage to 1 or more areas, each 15 minutes
	97140	Manual (physical) therapy techniques to 1 or more regions, each 15 minutes
	97168	Re-evaluation of occupational therapy established plan of care, typically 30 minutes
	97530	Therapeutic activities to improve function, with one-on-one contact between patient and provider, each 15 minutes
	97533	Sensory technique to enhance processing and adaptation to environmental demands, each 15 minutes
	97535	Self-care or home management training, each 15 minutes
	97542	Wheelchair management, each 15 minutes
	97750	Physical performance test or measurement with report, each 15 minutes
	97755	Assistive technology assessment to enhance functional performance, each 15 minutes
	97760	Training in use of orthotics (supports, braces, or splints) for arms, legs and/or trunk, per 15 minutes
	97761	Training in use of prosthesis for arms and/or legs, per 15 minutes
	97763	Management and/or training in use of orthotics (supports, braces, or splints) for arms, legs, and/or trunk, per 15 minutes
	G0152	Services of an occupational therapist, home health or hospice, each 15 minutes
	G0158	Services of an occupational therapy assistant, home health or hospice, each 15 minutes
	G0160	Services of an occupational therapist, maintenance program, home health, each 15 minutes
	G0295	Electromagnetic therapy, one or more areas, for wound care
	G0329	Electromagnetic therapy, to one or more areas for chronic stage III and stage IV pressure ulcers, arterial ulcers, diabetic ulcers and venous stasis ulcers
G2169	Services performed by an occupational therapist assistant in the home health setting, each 15 minutes	
S8950	Complex lymphedema therapy, each 15 minutes	

## Occupational Therapy Adjunctive Treatment Codes

OCCUPATIONAL THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION
20560	20560*	Needle insertion(s) without injection(s), 1 or 2 muscle(s)
	20561*	Needle insertion(s) without injection(s), 3 or more muscle(s)
90901	90901*	Biofeedback training by any modality (when done for medically necessary indications)
97010	97010*	Application of hot or cold packs to 1 or more areas
97012	97012*	Application of mechanical traction to 1 or more areas
97014	97014*	Application of electrical stimulation to 1 or more areas, unattended by therapist
	G0281*	Electrical stimulation, for chronic stage III and stage IV pressure ulcers, arterial ulcers, diabetic ulcers, and venous stasis ulcers
	G0282*	Electrical stimulation, to one or more areas, for wound care
	G0283*	Electrical Stimulation, to one or more areas, for other than wound care
97016	97016*	Application of blood vessel compression or decompression device to 1 or more areas
97022	97022*	Application of whirlpool therapy to 1 or more areas
97024	97024*	Application of heat wave therapy to 1 or more areas
97028	97028*	Application of ultraviolet light to 1 or more areas
97033	97033*	Application of medication through skin using electrical current, each 15 minutes
97129	97129*	One-on-one therapeutic interventions focused on thought processing and strategies to manage activities
	97130*	each additional 15 minutes (list separately in addition to code for primary procedure)
0552T	0552T*	Low-level laser therapy, dynamic photonic and dynamic thermokinetic energies, provided by a physician or other qualified health care professional
	S8948*	Treatment with low level laser (phototherapy) each 15 minutes

## Speech Therapy Main Treatment Grouper Codes

SPEECH THERAPY TREATMENTS ARE THERAPEUTIC INTERVENTIONS AND METHODS USED BY THERAPISTS AS THE PRIMARY SERVICES WITHIN A PLAN OF CARE. THESE CODES ARE COMPREHENSIVE AND ACTIVE.

PARENT CODE	MAIN TREATMENT CODES	DESCRIPTION
92507	92507	Treatment of speech, language, voice, communication, and/or hearing processing disorder
	92524	Behavioral and qualitative analysis of voice and resonance
	92526	Treatment of swallowing and/or oral feeding function
	92606	Therapeutic services for use of non-speech-generating device with programming
	92609	Therapeutic services for use of speech-generating device with programming
	92630	Hearing training and therapy for hearing loss prior to learning to speak
	92633	Hearing training and therapy for hearing loss after speech

92507	S9152	Speech therapy re-evaluation
	V5362	Speech screening
	V5363	Language screening
	V5364	Dysphagia screening
	G0153	Services of a speech therapist, home health or hospice, each 15 minutes
	G0161	Services of a speech therapist, maintenance program, home health, each 15 minutes

**Speech Therapy Adjunctive Treatment Codes**  
 SPEECH THERAPY ADJUNCTIVE TREATMENTS ARE DISTINCT, THERAPEUTIC INTERVENTIONS/METHODS TO AID IN THE TREATMENT OF PATIENTS. ADJUNCTIVE TREATMENTS ARE PRIMARILY BUT NOT EXCLUSIVELY PASSIVE MEASURES WHICH ARE MECHANICAL, ELECTRICAL, MAGNETIC, OR THERMAL IN NATURE. THEY MUST BE USED AS A COMPLEMENT TO A MORE COMPREHENSIVE AND ACTIVE THERAPY PROGRAM.

PARENT CODE	ADJUNCTIVE TREATMENT CODES	DESCRIPTION:
97129	97129*	One-on-one therapeutic interventions focused on thought processing and strategies to manage activities
	97130*	Each additional 15 minutes (list separately in addition to code for primary procedure)